

News Letter March 2025

BHAVANAPATHRIKA



Bharatiya Vidya
Bhavan

**BHARATIYA VIDYA BHAVAN'S S.RAMAKRISHNAN MEMORIAL
PUBLIC SCHOOL & BALAMANDIR, AKAMALA**

(SENIOR SECONDARY) AFFILIATED TO CBSE NO.: 930870

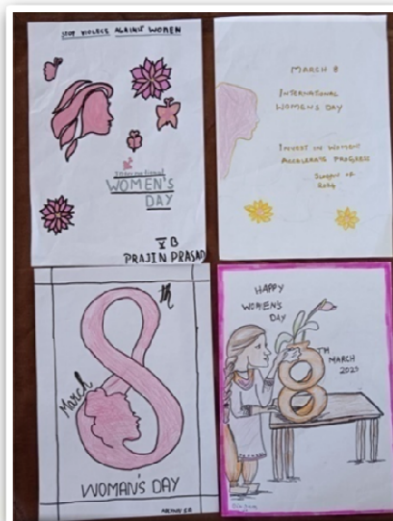
Let noble thoughts come to us from every side – Rigveda

"Live as if you were to die tomorrow. Learn as if you were to live forever":- Mahatma Gandhi

8TH MARCH 2025

INTERNATIONAL WOMEN'S DAY

As part of International Women's Day on March 8, a poster making activity was conducted among the students of classes 5 and 6. The students made the posters in a very colorful way and in such a way that it would create more awareness among others. The winners 1st-Amruthavarshini. U, 6B
2nd Aaradya. P. S, 5A3rd- Nandana krishna, 6B



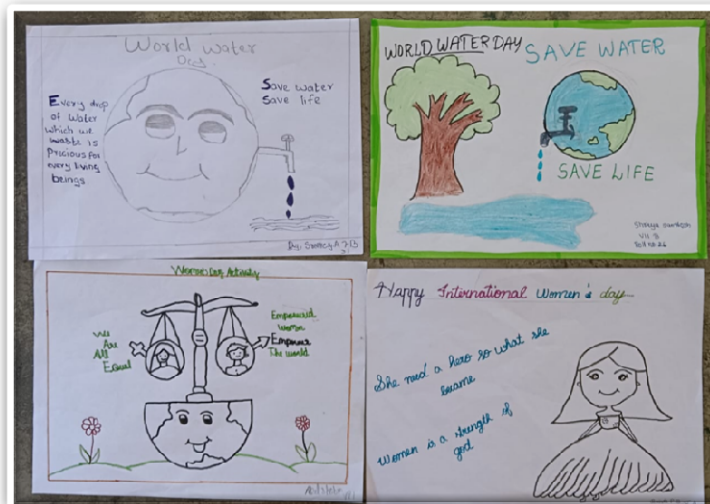
**EDITORIAL BOARD - Chief Editor : Principal, Staff Editors : News Collection
& Publisng Ms.Manju K Warriar,Content Editing : Ms. Binitha P.G, Layout & Design :
Ms. Sashitha K.S**



22ND MARCH 2025

WORLD WATER DAY

As part of World Water Day on March 22, a poster making activity was conducted for the students of classes 7 and 8. The following students won prizes in poster making. 1st-Hrishika prakash 7A, 2nd-Ayana santhosh k s, 8A 3rd- Meghana Raghu 7A



OTHER ACTIVITIES

3RD March 2025

On 3rd March 2025, Malayala Manorama organized a campaign against drugs. Mullurkara Grama Panchayat President was the chief guest. In connection with the campaign all the students and teachers took a pledge against drugs.



KINDERGARTEN ACTIVITIES

6TH MARCH 2025

PINK COLOUR DAY ACTIVITY

A "Pink Day" celebration focused on the colour pink, often including activities like wearing pink attire, creating pink-themed crafts, discussing the symbolism of pink (associated with love and kindness)

The children of kindergarten celebrated PINK DAY on 6th March. It was celebrated with great enthusiasm and energy.

Our little kids were dressed in shades of lovely pink. The children learned various other things about the pink colour, which also symbolizes love and kindness. The children were asked to bring Pink coloured objects in the class on that day.

Balamandir was beautifully decorated with Pink coloured objects, ribbons, balloons, and soft toys. They brought many pink coloured objects.

The children did interesting activities on chart paper related to this colour.

(Teddy bear, Lotus, Rose flower Butterfly, Pink flower Tree and Ice Cream).

The kiddies of KG excitedly participated in making these group activities.

They enjoyed it very much.



14TH MARCH 2025.

OUR COMMUNITY HELPMATES

Community Helpmates' activity for kindergarten was conducted on 14th March 2025.

This activity is a great way to teach kids how the community works and the people who work hard behind the scenes to keep things running smoothly.

It helps students understand how everyone does their roles in the community. Teachers shared ideas to help children learn about community helpers.

They dressed up like Doctor, nurse, policemen, Postman, soldier, baker, teacher, barber, tailor, cobbler, farmer, painter, engineer, carpenter Barber, milkman, newspaper boy etc. and performed their roles. Teachers explained about community helpers and their importance. Children talked about different community helpers.

A small presentation on community helpmates was also given. They enjoyed it very much.

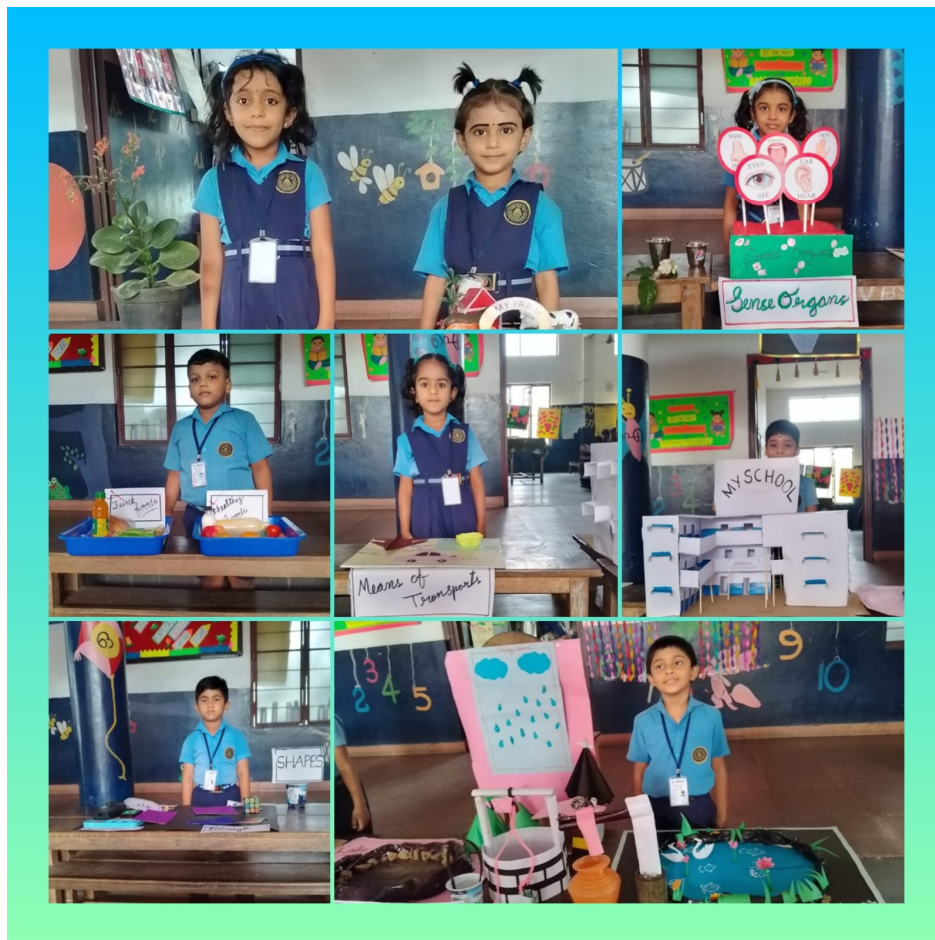


27TH MARCH 2025

KG EXHIBITION

Balamandir Section organized an exhibition on Thursday, 27 March 2025., which showcased the understanding and creative abilities of the little ones. All the Kinder Garten classes were transformed into a vibrant and colorful display and model, featuring a diverse range of skills, including vocabulary development and knowledge. The exhibition aimed to showcase models and projects done by the students with the help of parents and teachers related to various topics such as Sense Organs, Healthy food and Junk food, shapes, Water Resources, School, Transportation, Parts of plants and Farm animals.

This initiative encouraged the students to discover their knowledge potential at an early age and enabled them to develop their creativity and imagination..



28TH MARCH 2025

CONVOCATION DAY

The **Convocation Day** ceremony is a happy and momentous occasion for the little ones as they gather to celebrate the culmination of their preschool years. Bhavan's Balamandir celebrated this programme on 28th March 2025 in a simple manner. The Programme was held in Balamandir Premises. The smart tiny tots of pre-primary looked adorable in their graduation robes and caps. They received the certificates of their course completion from the class teachers. Children enjoyed it very much.



TEACHER'S TALK

In the Face of Adversity, Remain Humane

Once, a man saw a snake being burnt alive and instinctively tried to save it. He picked it up with his bare hands, but as soon as he did, the snake bit him, causing him tremendous pain. He dropped the snake, and it fell back into the fire. After looking around, the man found a metal pole, used it to pull the snake out of the fire, and saved its life.

A bystander, witnessing the event, asked the man why he bothered to save the snake after it had bitten him. The man replied, "Biting is in the nature of the snake, but that will not change my nature, which is to help."

Just like this, in our lives, we will encounter many people and situations, some of which may be negative or harmful, but we should never let these experiences alter our inherent goodness. It is important to always uphold our values and remain humane in all circumstances.



BALENDU V

Self-Belief: The Key to Unlocking Your Potential

Today, I want to mention something that has the power to shape our lives: self-belief. It is the foundation of success, confidence, and resilience. Without it, even the most talented individuals can remain stuck, unable to reach their true potential.

Let me share the story of an elephant in captivity—a story that teaches us a powerful lesson about self-belief.

In many places, young elephants are tied with a simple rope to a small stake in the ground. As a baby, the elephant tries to break free but fails because it is not strong enough. Over time, it stops trying. It believes that no matter how much it tries, it can not escape. Even when it grows into a powerful adult, capable of breaking the rope effortlessly, it does not attempt to do so. Why? Because it has been conditioned to think it is weak.

Now, let's pause and reflect. How many of us are like that elephant? How many times have we given up on something just because we failed once or twice? Remember, the elephant remained chained not because it was weak but because it believed it was. Likewise, many of us stay trapped in doubt when we have the power to break free. The only thing holding you back is the belief that you can't. Change that belief, and you'll change your life.



ANUSHYA DEVDAS NAIR

POSITIVE ATTITUDE



REMYA P K

A positive attitude means looking at the bright side of life. It is about being hopeful and having good thoughts. Even when things are hard, people with a positive attitude believe in themselves and trust that they can handle any problem that comes their way. Having a positive attitude does not mean ignoring the bad things in life. It means understanding that bad things happen, but choosing to focus on the good. It is about seeing challenges as chances to learn and grow. Think of a positive attitude like a bright light in a dark room. It helps us see the path ahead and gives us the courage to keep going with a positive attitude. We feel happier, stronger, and more able to face the ups and downs of life.

The main benefits of a positive attitude are better health, increased resilience, better relationships, and greater success. Positive attitude can make a big difference in life. When we approach each day with hope and belief in ourselves, we open the door to so many good things.

When we have a positive attitude, our body actually works better. Studies show that positive thinking can make our immune system stronger, helping us fight off sickness more easily. It can also lower our risk of heart problems and help us live longer.

So, a positive attitude is not about pretending that everything is perfect. It is about choosing to see the good, even in hard times. It is a powerful tool that can help us be happier, healthier, and more successful in all parts of life.

A Summer Promise: Growing with Kindness and Grace

As this academic year comes to an end, take a moment to look back at the lessons you learned, the friendships you made, the challenges you faced, and the growth within each of us. Every experience, good or bad, has shaped us into who we are today.


Now, as we step into summer, let's use this time not just for rest but for self-improvement. Let's work on becoming more patient, more kind, and more understanding. The world has enough negativity—let's not add to it. Instead, let's choose words that heal, not hurt. Let's validate each other's feelings because everyone is fighting a battle we may not see.



VARSHA JAYAPRAKASH

So, as we say goodbye for now, let's make a promise—to return as better versions of ourselves. To spread love, not hatred. To be the kind of person who makes the world a little brighter.

Have a meaningful and beautiful vacation.



As you all know, exams are going on, and I can see the mix of emotions on your faces—some are confident, some are nervous, and some just want it to be over!

Today, I want to share a short story with you, and I hope it will help you during this time.



SUMA K MADANAN

The Story of the Little Bird

Once, there was a little bird who lived in a beautiful forest. She always admired the big eagles soaring high in the sky and wished she could fly like them. But every time she tried, she felt tired and fell back. One day, an old owl saw her and said

,"Keep flapping your wings, little one.

The more you try, the stronger you'll get."

The little bird was discouraged, but she decided to listen. She flapped her wings every day, little by little. At first, she could only fly a short distance. But over time, she became stronger.

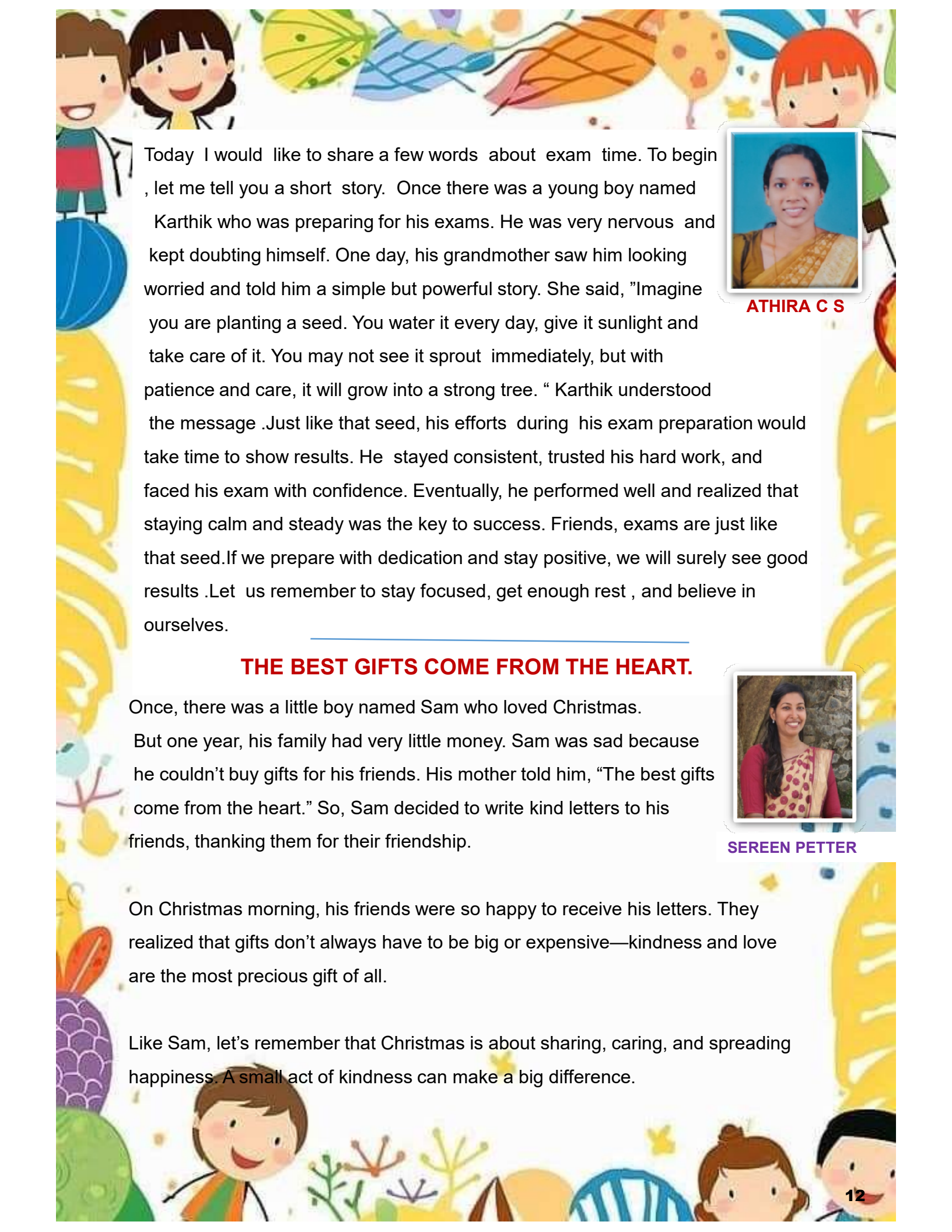
One day, without even realizing it, she soared high above the trees, just like the eagles she admired!

What Does This Mean for You?

Exams are like those first flights. You may struggle. You may feel tired, but every effort you put in is making you stronger. Don't fear exams—embrace them!

They are not just tests of knowledge but also of patience, hard work, and confidence.

So, believe in yourself. Even if a question seems tough, don't give up. Stay calm, think clearly, and give your best. Like the little bird, you will soar higher than you ever imagined!



Today I would like to share a few words about exam time. To begin, let me tell you a short story. Once there was a young boy named Karthik who was preparing for his exams. He was very nervous and kept doubting himself. One day, his grandmother saw him looking worried and told him a simple but powerful story. She said, "Imagine you are planting a seed. You water it every day, give it sunlight and take care of it. You may not see it sprout immediately, but with patience and care, it will grow into a strong tree." Karthik understood the message. Just like that seed, his efforts during his exam preparation would take time to show results. He stayed consistent, trusted his hard work, and faced his exam with confidence. Eventually, he performed well and realized that staying calm and steady was the key to success. Friends, exams are just like that seed. If we prepare with dedication and stay positive, we will surely see good results. Let us remember to stay focused, get enough rest, and believe in ourselves.



ATHIRA C S

THE BEST GIFTS COME FROM THE HEART.

Once, there was a little boy named Sam who loved Christmas. But one year, his family had very little money. Sam was sad because he couldn't buy gifts for his friends. His mother told him, "The best gifts come from the heart." So, Sam decided to write kind letters to his friends, thanking them for their friendship.



SEREEN PETTER

On Christmas morning, his friends were so happy to receive his letters. They realized that gifts don't always have to be big or expensive—kindness and love are the most precious gift of all.

Like Sam, let's remember that Christmas is about sharing, caring, and spreading happiness. A small act of kindness can make a big difference.

Congratulations!

SUGAMA HINDI EXAMINATION TOPPERS



ABHIRAMI V (4B)
FIRST RANK



BELLA MARIA JACOB (5A)
FIRST RANK



ARTHANA S RAMADIYIL (3B)
FIRST RANK

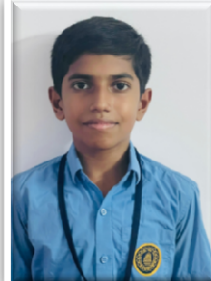


P AADHISREE (7A)
THIRD RANK

BHAVANS SCHOLARSHIP TOPPERS (CASH PRIZE WINNERS)



NANDANA KRISHNA (VI B)
Distinction



SHIV NAIR AJITH (VI B)
Distinction



HAFA SHOFIL (VI A)
Distinction

